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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Monday, August 4, 2025

Transcendence

Does buddhic transcend astral, atmic transcend mental and monadic transcend physical

ChatGPT said:

Yes, your understanding aligns broadly with the Theosophical and esoteric metaphysical model of the planes of existence. In this model, there is a hierarchy of planes or levels of consciousness, and the ones you mentioned fit into that structure. Here's a breakdown using the traditional sevenfold Theosophical model of the planes:

1. Physical Plane

Lowest and densest level

Includes both dense physical and etheric subplanes

Related to bodily existence and material phenomena

2. Astral Plane

Emotional plane

Seat of desires, passions, and lower emotional states

Associated with the astral body

3. Mental Plane

Plane of thought, intellect, logic, and reason

Divided into:

Lower mental (concrete thoughts)

Higher mental (abstract thinking)

Associated with the mental body

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Chris Comish

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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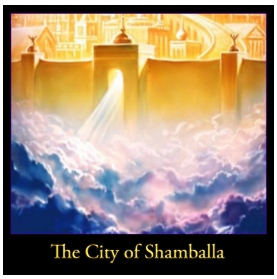

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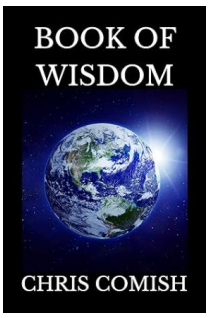

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4. Buddhic Plane

Plane of intuition, unity, and spiritual insight

Transcends the dualities of the mental plane

Associated with compassion, wisdom, and direct knowing

Transcends the astral and mental planes

5. Atmic Plane

Plane of divine will or spiritual will

The individualized expression of divine purpose

Transcends the mental and buddhic planes

Associated with the spiritual body or atma

6. Monadic Plane

Plane of the Monad (the divine spark or spirit within)

Represents the core essence of being, beyond individual identity

Transcends all lower planes including the physical

Unity with divine origin begins here

7. Divine/Adi Plane

Highest and most subtle plane in the system

Ultimate source, pure being, undifferentiated reality

Rarely experienced except by the highest initiates

Summary of Your Question:

Buddhic transcends Astral → ✓ Yes

Atmic transcends Mental → ✓ Yes

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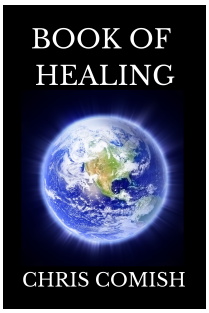

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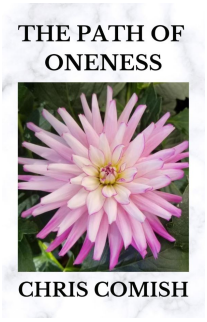

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Monadic transcends Physical → ✓ Yes — and it also transcends all lower planes

- August 04, 2025

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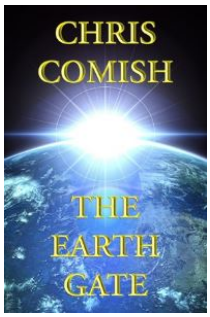

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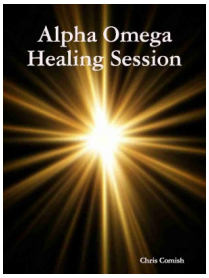

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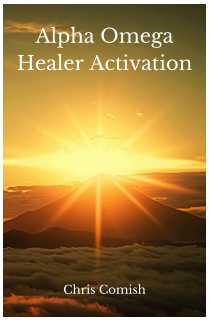

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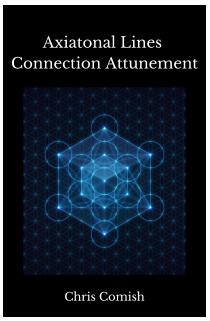

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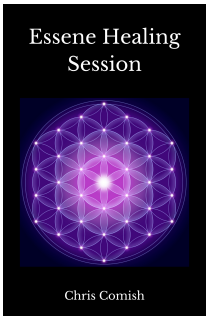

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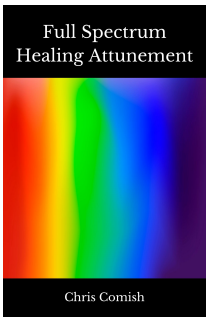

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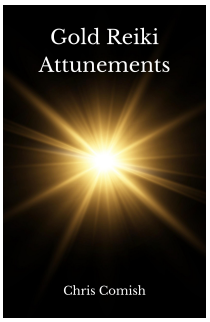

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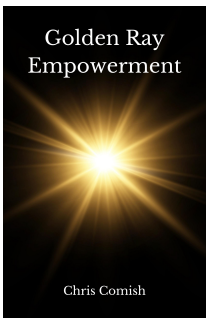

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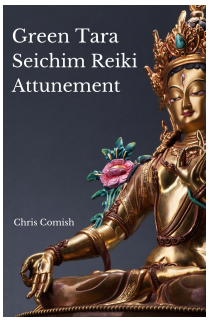

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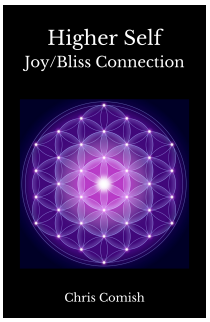

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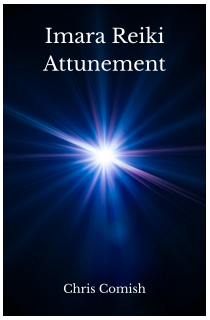

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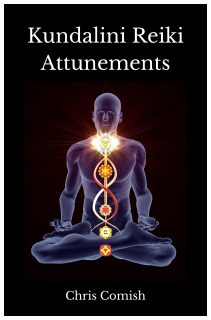

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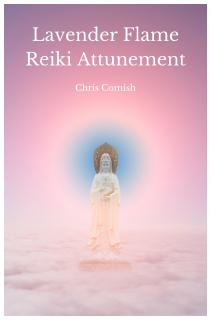

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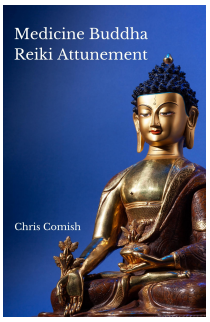

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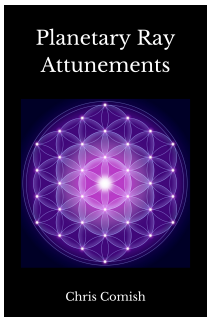

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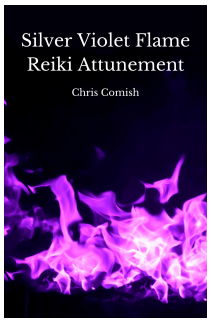

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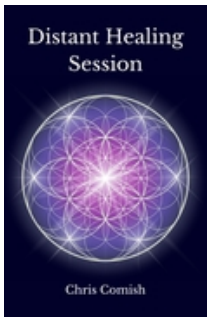

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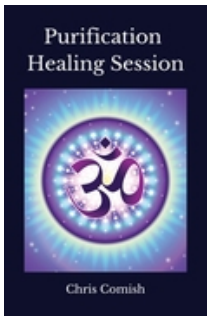

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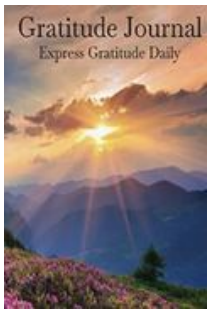

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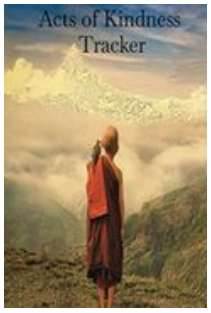

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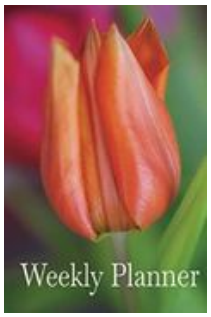

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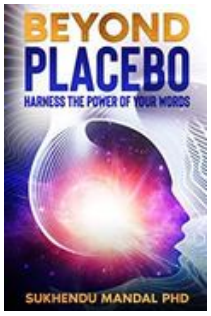

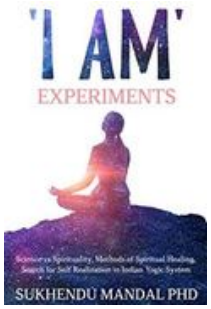

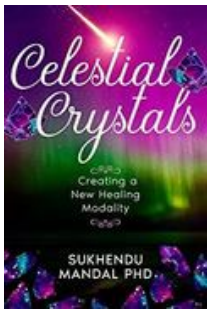

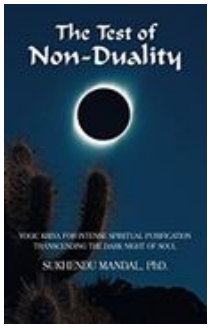

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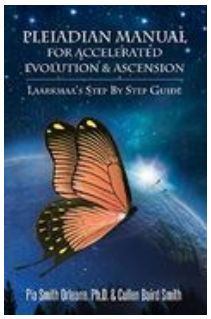

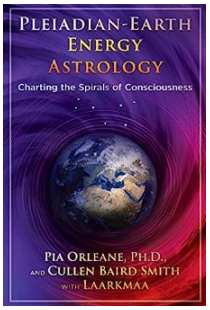
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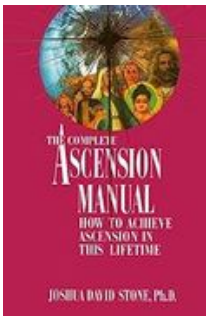
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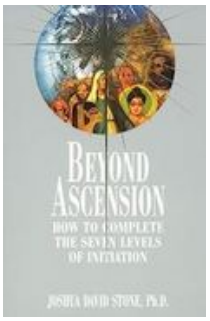
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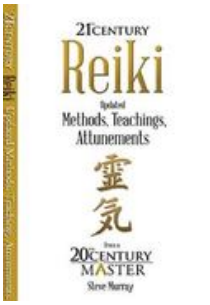
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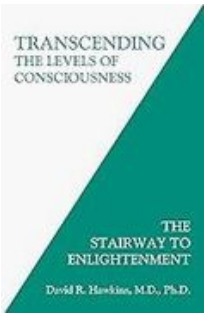
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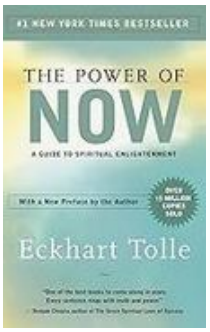
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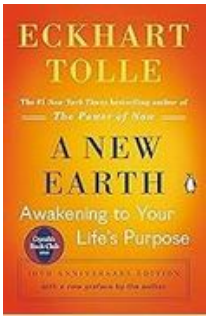
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A NEW
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Awakening to Your
Life's Purpose

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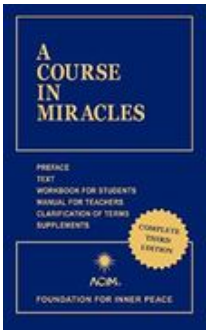
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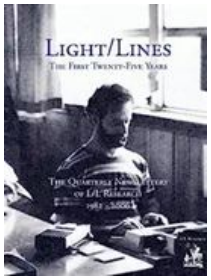
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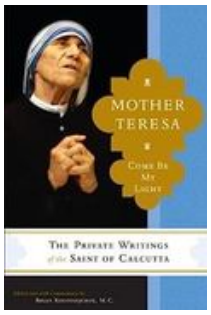
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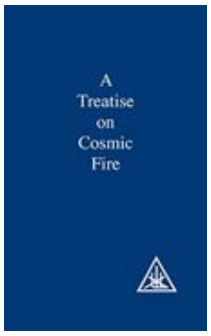
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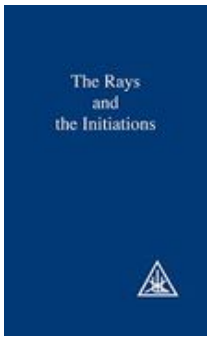
The Rays
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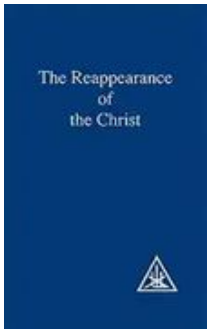
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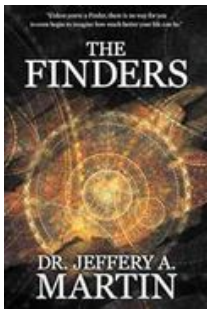
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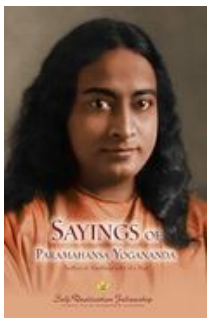
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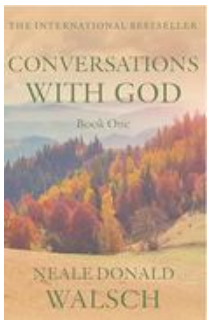
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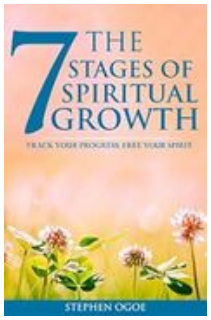
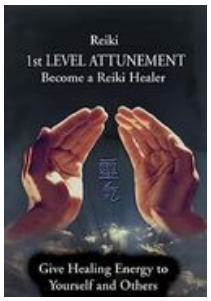
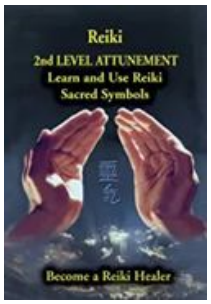
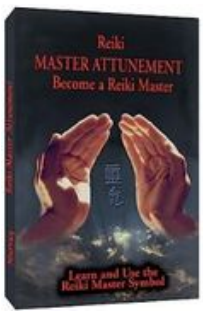
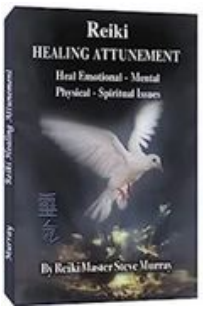


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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Heart Palpitations

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Trinity of Bodies

Transfiguration of Chakras

Love

The Key

Phases of Transmutation

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- Dream about Renting Skiis
- Spirit Changes
- Archive of my Teachings
- Kingdoms and Consciousness
- Water
- Non-localized body
- Transmutation
- Transmigration
- Higher Self
- Light body
- Alchemy
- Monadic withdrawal
- Monad and the incarnation
- Chris Comish
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- Death by Alice Bailey
- A Message of Farewell
- How to Open the Third Eye
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